

# Dr. Jan Hoistad



**Psychologist. Couples Coach. Leadership Coach. Entrepreneur. Writer.**

**Dr. Jan Hoistad** has 30 years experience as a licensed psychologist, educator, and coach in private practice. She works with individuals and couples at all stages, successfully teaching them to partner—in relationship, as parents, or in preparation for a new relationship. She specializes in helping couples reach new heights of intimacy and love through personal and interpersonal creativity. Many of her clients are unconventional people who lead outwardly mainstream lives, yet seek authentic, fulfilling ways of expressing and deepening themselves.

In addition to serving as a therapist and coach, Dr. Hoistad conducts workshops and teleseminars. She has appeared on numerous radio shows, local television, and in newspapers and national magazines. She is trained as a Neutral Coach in Collaborative Divorce cases, provides Reconciliation and Divorce therapy, and coaches individuals going through various stages of Alternative Dispute Resolution, custody evaluation, and litigation. Dr. Hoistad received her doctorate from the California School of Professional Psychology and attended the Program on Negotiation at Harvard Law School. She has training in Mediation through Dispute Resolution Services of Minnesota, and is a member of the Minnesota Psychological Association, the Collaborative Law Institute, and the International Association of Collaborative Professionals. Dr. Hoistad lives in Minneapolis.

To contact Dr. Jan or get more information about her workshops, coaching, and counseling, call 952.922.9430, visit [www.drjanhoistad.com](http://www.drjanhoistad.com) or email [info@drjanhoistad.com](mailto:info@drjanhoistad.com).

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